



Worcester Carers Group

Do you need help with
sitters or transport?

For information phone
(01905) 26500 or 0800 6523151

Meets the 1st Friday of the month
10.30am - 12.00pm
Friends Meeting House,
Sansome Place
Worcester WR1 1UG

PROGRAMME 2009 Sept - Feb 2010

- September 4th** "Woodbine Willie" Peter Holzapfel tells the story & reads the poems of Studdert-Kennedy, Worcester's famous First World War Chaplain, slum priest & writer.
- October 2nd** Extend Exercises. Gentle keep-fit to music. Mary Phillips.
- November 6th** The Occupational Therapy Mobile Assessment Unit. Presentation of their services & equipment for disability needs in the home, by Sarah Davies.
- December 11th** Christmas Lunch outing (details later).
NOTE DATE IS
2nd FRIDAY
- January 8th** "Elgar at Birchwood" a talk with music about Elgar's life at Storrige, by Mike Vockins.
NOTE DATE IS
2nd FRIDAY
- February 5th** Hospital Discharge procedures and post-hospital care. Clare Scott (Hospital Carers Development Officer) will explain what happens and what help is available.

