

Are you caring for someone at home?

You could be looking after a friend or relative of any age who through illness, disability or frailty is unable to manage without help.

You may see it as part of your life or duty to care, but there may be times when you need information, advice or some extra help. Being a carer can affect your health.

Doctors and nurses want to help but it's not always easy for them to remember to ask who is a carer - help them by filling in the card overleaf.



Tel: 01905 26500

also offers information, advice and support

CONTACT

Tel. 01905 26500

Email: mail@carersworcs.org.uk
OR visit

www.carersworcs.org.uk

Please hand this into your GP Surgery

I AM A CARER

Please add this information to my medical records

Name:

Address:

.....

..... Postcode

Tel. No:

Email:

I understand and agree that this information will be added to my confidential medical records (READ Code 918A)

Signed:

Date:



Tel: 01905 26500

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