



Bromsgrove Carers Group

2nd Thursday of the month
11.00am - 12.30pm
Methodist Centre, Stratford Road
Bromsgrove B60 1AS

PROGRAMME 2009 Sept - Feb 2010

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| September 10 th | Social with coffee & cakes, plus Joanne Floyd from Supported Services, Bromsgrove District Housing Trust will meet with us. |
| October 8 th | Pensions & related benefits (<i>postponed from April</i>). Claire Parry of the Pensions Service. |
| November 12 th | Aloe vera. Presentation about the health benefits + products for sale (no obligation). Robin & Lenette Hancox. |
| December 10 th | Christmas Lunch outing. |
| January 14 th | Hospital Discharge procedures & post-hospital care. Clare Scott, Hospitals Carers Development Officer. |
| February 11 th | Glass-painting. Have a go at decorating glass items or acetate windows/photo frames - designs provided. Helen Lubin. |
| March 11 th | PALS - advocacy & liaison service for patients. Sue Home. |

Do you need help with respite sitters or transport?

For more information ring

01905 26500 or 0800 6523151